

## Relationship Coach Training



### LOCATION

Disciples Church

281 Iron Point Rd #291, Folsom,  
CA. 95360

### COST

\$55 per couple

Includes lunch,

Coaching Manual, Life In  
Motion Relationship Inventory  
(LIMRI) & Couples DISC  
Inventory

(Checks made payable to  
Life In Motion Resources)

### CONTACT

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# Coach Training

Learn how to be a Marriage,  
Premarital, Parent, or Dating Coach!

Saturday, February 10th, 2018

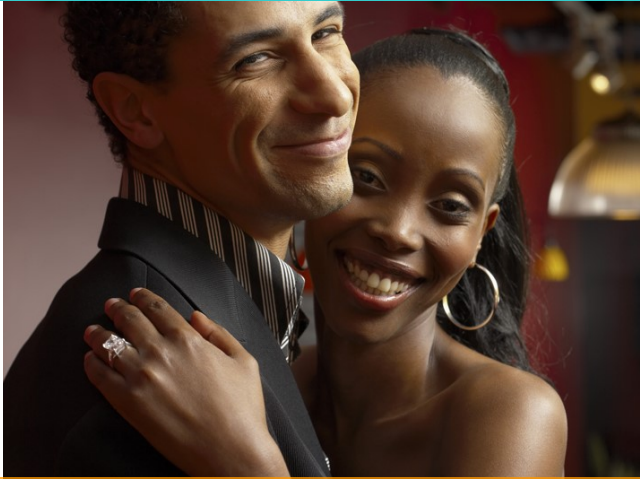
9:00 AM—3:30: PM



**Life in Motion Resources**

Making Quality Marriage and Parent Coaching Possible

*Giving away the grace and strength that God has placed in your Marriage*



## Why is Coaching Needed?

- Couples learn best when they have a Christ-centered relationship to learn from.
- Coaching can be a very effective way to address areas in our lives that are underdeveloped.
- Couple-to-couple or parent-to-parent interaction has proven to be very effective.
- Coaches empower a couple to be change agents in their relationship.

## Coach training equips you to:

- Use the Life in Motion Relationships Inventory, worksheets & growth plans.
- Help dating, engaged and married couples to celebrate their strengths and enrich their relationships and family life.
- Strengthen relationships using a proven discipleship model for couples.
- Train other couples in your church to serve as coaches.
- Model and equip couples and parents to pray blessings over each other.
- Help couples to experience relationship satisfaction.
- Serve with your spouse in a very rewarding and enriching environment.
- Coaches receive two personal coaching sessions following the training.
- Enrich your own marriage and family life.
- Help couples and parents to develop a shared identity and spiritual life.

## What Happens in a Coaching Session?

- Coaches meet four to six times with a couple/parent.
- Coaches utilize online worksheets and personal coaching sessions to empower couples to grow in the areas of friendship and shared values.
- Coaches model conflict resolution by using the two questions: What do you want to be different about...? And How can I make things better for you?
- Equipping couples to use personalized worksheets and growth plans to continue working on their relationship following the coaching sessions.

